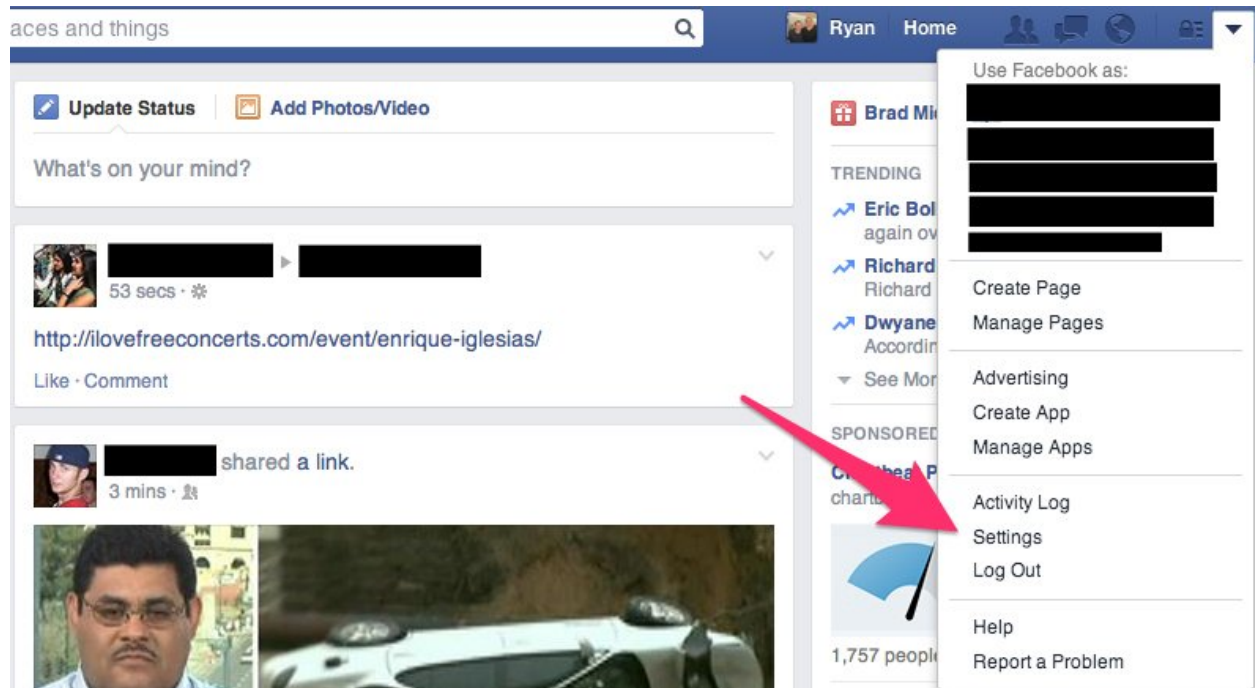


# How To Download All Your Personal Data From Facebook

Open your Facebook account and scroll over to Settings.



*Screenshot*

Go to the bottom of the screen and click on "Download A Copy Of Your Facebook Data."

#### General Account Settings

Name	Ryan Bushey	Edit
Username	http://www.facebook.com/ryan.bushey.395	Edit
Email	Primary: ryanbsh1@gmail.com	Edit
Password	Updated about 5 months ago.	Edit
Networks	La Salle	Edit
Language	English (US)	Edit
Download a copy of your Facebook data.		


Screenshot

You'll be taken to "Download Your Information." Click "Start My Archive."

### Download Your Information

Get a copy of what you've shared on Facebook.

[Start My Archive](#)

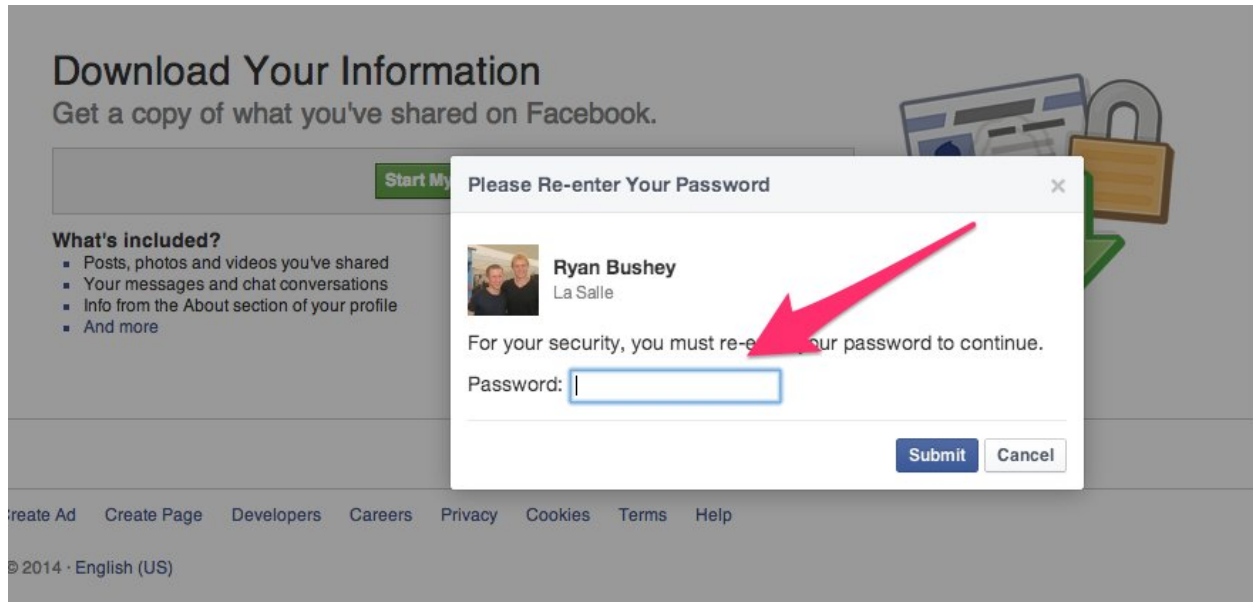


**What's included?**

- Posts, photos and videos you've shared
- Your messages and chat conversations
- Info from the About section of your profile
- And more

Screenshot

Re-enter your password before the download process starts. You'll get a warning saying that the download process could take a while.



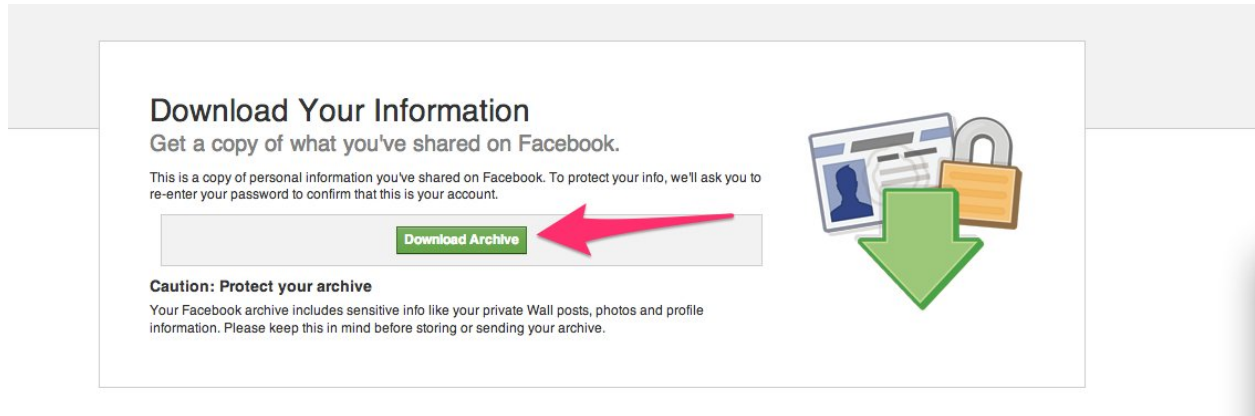
Screenshot

Once the download is finished, Facebook will email you with the data. Click on the link below to access it.



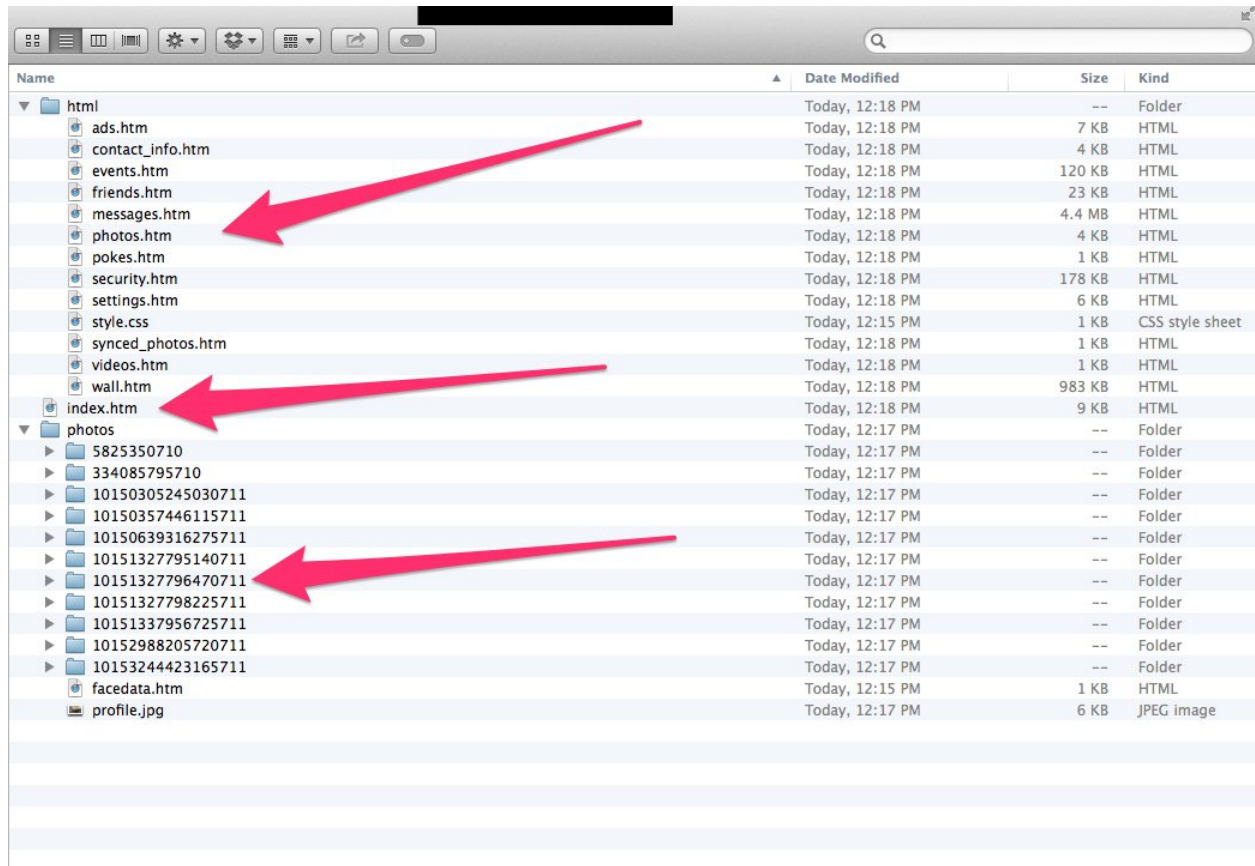
Screenshot

You'll be taken back to this page. Click "Download Archive."



*Screenshot*

The file will be sitting on your computer. Click each option to access different parts of your Facebook profile. You can save this data on your desktop.



Name	Date Modified	Size	Kind
html	Today, 12:18 PM	--	Folder
ads.htm	Today, 12:18 PM	7 KB	HTML
contact_info.htm	Today, 12:18 PM	4 KB	HTML
events.htm	Today, 12:18 PM	120 KB	HTML
friends.htm	Today, 12:18 PM	23 KB	HTML
messages.htm	Today, 12:18 PM	4.4 MB	HTML
photos.htm	Today, 12:18 PM	4 KB	HTML
pokes.htm	Today, 12:18 PM	1 KB	HTML
security.htm	Today, 12:18 PM	178 KB	HTML
settings.htm	Today, 12:18 PM	6 KB	HTML
style.css	Today, 12:15 PM	1 KB	CSS style sheet
synced_photos.htm	Today, 12:18 PM	1 KB	HTML
videos.htm	Today, 12:18 PM	1 KB	HTML
wall.htm	Today, 12:18 PM	983 KB	HTML
index.htm	Today, 12:18 PM	9 KB	HTML
photos	Today, 12:17 PM	--	Folder
5825350710	Today, 12:17 PM	--	Folder
334085795710	Today, 12:17 PM	--	Folder
10150305245030711	Today, 12:17 PM	--	Folder
10150357446115711	Today, 12:17 PM	--	Folder
10150639316275711	Today, 12:17 PM	--	Folder
10151327795140711	Today, 12:17 PM	--	Folder
10151327796470711	Today, 12:17 PM	--	Folder
10151327798225711	Today, 12:17 PM	--	Folder
10151337956725711	Today, 12:17 PM	--	Folder
10152988205720711	Today, 12:17 PM	--	Folder
10153244423165711	Today, 12:17 PM	--	Folder
facedata.htm	Today, 12:15 PM	1 KB	HTML
profile.jpg	Today, 12:17 PM	6 KB	JPEG image

Screenshot